

Red Cross Organisation, Sofia Grundtvig Learning Partnership 2010-2012

Resume EWA

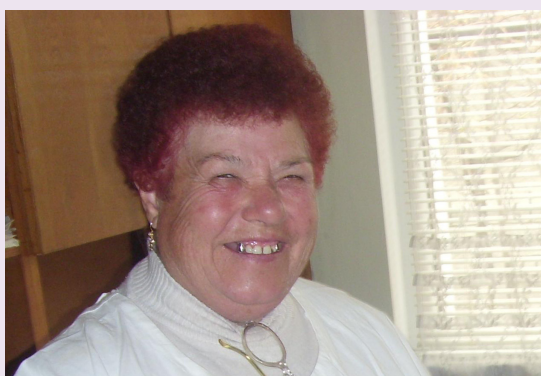


EWA project was a great opportunity for us to understand more about the life of older women in different European countries. The active way of life of these women in the modern European society, their participation in humanitarian, social, educational, economic areas is the further evidence that the life after 70 could be a dignified life and perspective.

Role Models



Vera Daskalova is 92 years old and she is a part of Bulgarian Guinness Records Book as the oldest volunteer in the country. "After my second educational level in the town of Sofia, I received a certificate as a nutritionist. From 1978 I am a pensioner. Now I am one of the 'veteran volunteers' of the organization and am a part of the social programs for little children. It makes me feel alive. Most of the people say that people in the third age are a vulnerable group – yes, in many cases this is true. But I think that the most important thing is that we, the older people, can help to other vulnerable groups – like children, who have no relatives."



Atanasa Sgalevska is a 65 years old woman. She is a volunteer of the Bulgarian Red Cross. "After my husband died I have had a brain stroke. There were long days, weeks and months of rehabilitation. When I felt better I decided that I will help people in need. From this moment on I am a BRC volunteer. I am a part of different activities to support vulnerable groups, for lobbying and advocacy activities related to the older people with problems in our region".

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