

VHS Hernals, Austria

Grundtvig Learning Partnership 2010-2012

Resume EWA



It was a great challenge to find role models for active ageing. Conducting interviews with these women and using a videocamera gave us new experiences. We found out that women in various European countries had to deal with different environmental conditions. Not all of them were able to fulfill their dreams during their lifetimes. But finally they are content with the past now and enjoy every day.

Role Models



Willie Eppel: She is the founder of a library in a home for elderly people and works voluntarily every day. She shares her flat with younger students: „... old and young should live together ...“. Her life was full of hardship but she has always been in high spirits.



Despite of severe spinal problems since twenty years she is an actress in a dancing group 50plus and in a special Viennese cabaret theatre. She is grandmother of seven children. Her message to elderly: „Still learning ... I believe curiosity is one of the most important anti-ageing drugs.“

www.european-women.eu