



Education and Culture DG

Lifelong Learning Programme

EUROPEAN EDUCATIONAL PROJECTS



● ● ● UNIVERSITY OF THE THIRD AGE



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eLiLL
e-Learning in Later Life
A European Project



ewa european women
in older age



ewa european women
in older age



ewa european women
in older age



University of South Bohemia
in České Budějovice
Faculty of Health and Social Studies



UNIVERSITY OF THE THIRD AGE





Education and Culture DG

Lifelong Learning Programme

Grundtvig – Partnership projects

Projects of international cooperation of institutions and organizations active in the area of education of adults involved in the Programme of lifelong learning aimed at mutual exchange of programmes, methods and experience including mobilities.



(2000–2002)

Self-organised Learning in Later Life

Autonomous Learning Groups in Europe.

Life style and Life spaces in Europe: in transformations of time and place



(2006–2008)

e-Learning in Later Life

Possibilities and perspectives of electronic Learning in later life. Examples of good practice



(2010–2012)



European Women in Older Age

Mastering Older Age



Lifelong Learning

Continuous process of learning and deliberate unintentional learning at all stages of life of person in accordance with his needs, possibilities and interests.

LLP – Lifelong Learning Programme

The educational concept of contributing through lifelong learning to the development of European society implemented in the Comenius, Leonardo da Vinci, Erasmus and Grundtvig programmes.

Grundtvig Programme

Programme focused on adult education including seniors in all forms for individuals and educational institutions.

Grundtvig Programme activities

- partnership projects
- volunteer projects
- workshops

Examples of good practice

European cooperation projects implemented at the University of South Bohemia in the years 2000-2012.

SoLiLL: Self-organised Learning in Later Life

e-LiLL: e-Learning in Later Life

Ewa: European Women in Older Age

Project team:

ZaWiW University of Ulm (GER)

Project coordinator

Carmen Stadelhofer, Academic Director

Gabriela Koerting

Project Organization (CZ):

University of South Bohemia in České Budějovice

Faculty of Health and Social Studies

University of the Third Age

Assoc. Prof. Jana Šemberová, PhD.

Self-organised Learning in Later Life

Autonomous Learning Groups in Europe.

Life style and Life spaces in Europe: in transformations of time and place

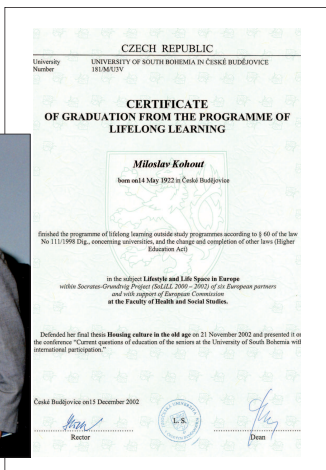


The Faculty of Health and Social Studies acquired the first experience with integration of the University of the Third Age in the European education programs in 2000 to 2002. The topic of Life Style and Life Spaces in Europe in transformations of place and time, allowing insight into the everyday life in which our relationships have developed towards cognition and picture of the life in which we live were dealt with by six university senior teams.

Project partners

- ZAWiW Zentrum für Allgemeine Wissenschaftliche Weiterbildung der Universität Ulm, Germany
- Université Tous Ages, Lyon, France
- Università Adulti/Anziani di Vicenza, Italy
- Aula Permanente de Formación Abierta Universidad de Granada, Spain
- UTA Volksuniversiteit Arnhem, Nizozemsko
- UTA of the Faculty of Health and Social Studies of the University of South Bohemia in České Budějovice, Czech Republic

The cooperation project, the learning environment, open communication (e-mail, chat, Flash Meeting), presentation of results of SoLiLL project at universities in Ulm (2000), Italy (2001), the Czech Republic (2002), at conferences on **Learning Together over the Internet** (Ulm 2001) and **Education of seniors at universities in the Czech Republic** (USB České Budějovice 2003) have confirmed the fact that education is becoming lifelong learning exceeding institutions, programs and methods verified by centuries.



e-Learning in Later Life

Possibilities and perspectives of electronic Learning in later life.
Examples of good practice



In order to contribute to digital literacy of senior generation (competence in the area of electronic communication), to implement information and communication technologies into educational programmes for seniors and cooperation of institutions and organizations in the European LiLL network, the University of South Bohemia in České Budějovice entered the e-LiLL research project.

Project partners

- ZAWiW Zentrum für Allgemeine Wissenschaftliche Weiterbildung der Universität Ulm, Germany
- UTA Jyväskylä, Summer University of Jyväskylä, Finland
- Universidad Permanente, Alicante, Spain
- Komenský University in Bratislava, Faculty of Arts, Slovak Republic
- UTA of the Faculty of Health and Social Studies of the University of South Bohemia in České Budějovice, Czech Republic

Out of 72 European organizations and institutions, 32 in the Czech Republic, 17 in Spain, 9 in Germany, 9 in Slovakia and 5 in Finland were approached by the collectively created questionnaire on the use of new information and communication technologies in programmes of senior education. The acquired data allowed creating a framework picture of senior education under use of the Internet and other information and communication technologies.

Senior education in Europe is open; the programmes are entered by seniors regardless on age, mainly with secondary education. The offer of education programs with support of information technologies is varied and differentiated. 46 294 seniors were educated in the approached institutions and organizations.

The results of the e-LiLL project were presented continuously at common partner meetings organized at universities of **Ulm** (2006), **Alicante, Italy** (2006) and **České Budějovice** (2007). They were presented also at the „**Web4seniors**“ conference in Ulm (2007) and at the conference of the Association of Universities of the Third Age of the Czech Republic under the name of „**Education of seniors a public Matter**“ (2008) held in Prague.

(2010–2012)



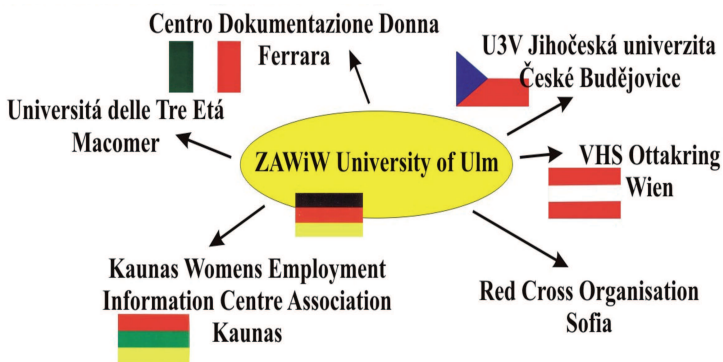
European Women in Older Age Mastering Older Age



The project purpose to study stories of women of 70 plus generation and events that influenced significantly their life and remained in their memory, methodologically anchored in biographic approaches allowing opening of the path to memories of individual life stages and life milestones, invited experienced senior teams from European countries to participate in its research.

Project partners

- ZAWiW Zentrum für Allgemeine Wissenschaftliche Weiterbildung der Universität Ulm, Germany
- Centro Documentazione Donna, Ferrara, Italy
- Red Cross Organisation, Bulgaria
- Università delle Tre Età Macomer, Italy
- VHS Ottakring, Vienna, Austria
- Kaunas Women's Employment Information Centre Association, Kaunas, Lithuania
- UTA of the Faculty of Health and Social Studies of the University of South Bohemia in České Budějovice, Czech Republic



The preparatory and presentation partner meetings held in **Sophia** (October 7-9, 2010), in **České Budějovice** (April 11-14, 2011) and in **Ferrara, Italy** (October 19-22, 2011) and in **Ulm** (8-9 July 2012) confirmed that there are big and small life stories, big and small memories of them. The big ones build our fates, the small ones give colours to our life. Only later moments decide which of them are really big...

The project plan of the Czech team was implemented by two study groups of women, graduates of the University of the Third Age in Český Krumlov and in České Budějovice.

Český Krumlov / authors of interview



Františka Kuncová

Economist, graduate of the University of the Third Age, co-investigator of many European cross-border projects and partnerships (Phare, Interreg, Socrates Grundtvig and Grundtvig), tutor of senior teams.



Jarmila Hanáková

Engineer, graduate of the University of the Third Age, co-investigator of many European cross-border projects and partnerships (Phare, Interreg, Socrates Grundtvig and Grundtvig), tutor of senior teams.



Jana Vorlová

Economist, graduate of the University of the Third Age, co-investigator of many European cross-border projects (Phare and Interreg) and Grundtvig Project (Ewa).



Marie Mácová

Economist-accountant, graduate of the University of the Third Age, member of the senior women's team in the Ewa project „European Women in Older Age“(2010-2012).



Alena Rezková

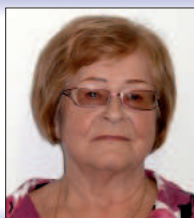
Physician, student of the University of the Third Age, member of the senior women's team in the Ewa project „European Women in Older Age“ (2010-2012).



Dagmar Vondrovicová

Czech Airlines flight attendant, business department assistant, member of the senior women's team in the Ewa project „European Women in Older Age“ (2010-2012).

Český Krumlov / represented women



Gisela Papke

Born in Germany, near the Czech-Polish borders. Her life was permanently affected by the 2nd World War, arrival to Czechoslovakia, stay in Karlovy Vary, life in Český Krumlov. She was left alone.

Hana Šenkýřová

Wife, daughter and granddaughter to „railwaymen“ involved in the start of rail link „České Budějovice - Linz“. Despite the immense life disappointment is optimistic. She is not afraid of old age.



Ruth Hálová

Born in the Czech-Jewish family. As one of the 669 „Winton’s children“ she left by train before the Germans to England, to a new home. She was saved. Today she lives in Český Krumlov, has numerous interests (painting, translates, photographs), and has many friends.



Alena Groulíková

Bright, elegant woman, for political beliefs and faith in God persecuted in her life. Mother of seven children, member of the „Chiraley 56“. She gets everything that she needs in life.



Věra Pazderková

Born in Prague. As a war child experienced series of air raids on Prague. Air raid in April 1945 was unforgettable. She loved books, became librarian, with books and around them she lives in Český Krumlov.



Olga Jeníková

An exceptional woman, though she does not feel exceptional. Her fairy childhood was ruined by the 50's, the years of „people’s government“, persecution and imprisonment of her close relatives. Today is experiencing a happy old age, believes in hope, faith and love.



České Budějovice / authors of interview



Ivanka Ruiderová

Kindergarten teacher, graduate of the University of the Third Age, member of the senior women's team in the Ewa project „Women in Older Age“ (2010-2012).

Miloslava Kruchňová

Administrative assistant, graduate of the University of the Third Age, member of the senior women's team in the Ewa project „Women in Older Age“ (2010-2012).



Blanka Laudová

Scientific library and information assistant, graduate of the University of the Third Age, member of the senior women's team in the Ewa project „Women in Older Age“ (2010-2012).



Marie Řeháková

Hotel management school graduate (gastronomy and health nutrition), graduate of the University of the Third Age, member of the senior women's team in the Ewa project „Women in Older Age“ (2010-2012).



Jaroslava Šulcová

Economist, graduate of the University of the Third Age, member of the senior women's team in the Ewa project „Women in Older Age“ (2010-2012).



Jiřina Tampírová

Health technician, graduate of the University of the Third Age, member of the senior women's team in the Ewa project „Women in Older Age“ (2010-2012).



Portrait list

České Budějovice / represented women

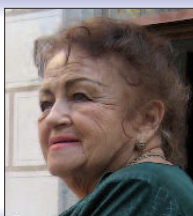


Hana Baurevá

Actress, sixty years of life had a major contract in a single for theatre. Wise, active and an optimistic woman. Wonderful storyteller, author of books on acting and fishing, admirer of nature and native language.

Otilie Týmalová

A vital woman, patriot. She grew up in the gym and devoted her life to physical education movement „Sokol“. After the war and the fall of communism she was involved in its recovery and in 2012 she performed at the Sokol Rally in Prague.



Inge Švandová-Koutecká

The first woman - screenwriter in Czechoslovakia, opera director, costume designer, a great teacher. Still active, for a lifetime achievement in the field of culture in the year 2011 she took over the „Award of Český Krumlov“ on 26 June 2012.

Marie Ludikarová

She grew up in the South Bohemian countryside. Life of a child in a time of economic crisis, Protectorate and post-war years was not always filled with plenty. An opportunity to study and education she received as a gift.



Marie Bočková

Born in 1923 in a picturesque corner of Southern Bohemia. A nature and national culture lover, collector, reporter and folk song, nursery rhymes, fairy tales and legends recorder. Called „Marinka“ at home.

Běla Petříková

Enchanted by movement and teaching profession. Mountains and skiing became her second home. Led not only her children but for several decades also students of the Faculty of Education in České Budějovice to love them as well.





University of South Bohemia in České Budějovice

University of South Bohemia in České Budějovice is a state university founded in 1991. It comprises eight faculties, namely the Faculty of Economics, Faculty of Fisheries and Protection of Waters, Faculty of Philosophy, Pedagogical Faculty, Faculty of Science, Faculty of Theology, Faculty of Health and Social Studies and the Faculty of Agriculture.

We are a research university focusing mainly on natural sciences, social sciences, and humanities. A significant aspect of the scientific research activities is a close cooperation with the Academy of Sciences of the Czech Republic. Recent surveys have shown the university to be most successful in science and research, lifelong learning, and its ability to focus on regional issues.

Applicants for the Bachelor's, Master's, and Doctoral degrees may choose from 246 majors with a range of further specializations. The study of 24 majors is conducted in English and 3 in German.

All faculties and institutes provide PhD study programmes in chosen fields of study and the majority of them have the right to name professors and associate professors.

The Faculty of Economics, the Faculty of Philosophy, the Faculty of Science, the Faculty of Theology, the Faculty of Health and Social Studies, the Faculty of Agriculture and the Faculty of Fisheries and Protection of Waters have the authority to carry out the habilitation proceedings for naming associate professors; moreover, the Faculty of Philosophy, the Faculty of Science, the Faculty of Health and Social Studies, the Faculty of Agriculture and the Faculty of Fisheries and Protection of Waters have the right to name professors.





●●● UNIVERSITY OF THE THIRD AGE

University of the Third Age at the Faculty of Health and Social Studies of the University of South Bohemia in 1992-2012

Looking back to the beginning

It is said that nothing begins at its beginning and few things end at their end; everything requires a preface, foreword, epilogue and summary suggesting the possible causality of phenomena or the context of parallel events.

The first University of the Third Age (UTA) was founded in 1972 at the University of Social Sciences in Toulouse. Pierre Vellas, its founder and creator, understood continuous education of seniors as contribution to improvement of public health (*santè publique*) and research of health, social, economic and legal issues of older persons and continuous education of those dealing professionally with seniors as its main tasks. The project had considerable success and response in Europe, America, Oceania and Asia.

The history of the Czech Universities of the Third Age started in 1986. The first University of the Third Age (U3V) was founded at the Palacký University in Olomouc, followed by Charles University in Prague and by its Medical School in Plzeň. Their origination is related to the Czechoslovak Red Cross and the Czech Gerontological Association; the central topic of education consisted in health and its prevention.



The history of the University of the Third Age at the University of South Bohemia in České Budějovice started at the Faculty of Health and Social Studies in 1992.

1992/1993 – 1994/95

The first study course, **Care for Human and Human Health**, was opened by the University of South Bohemia in the academic year 1992/1993. It offered the seniors a six-semester health and social programme with three hours of direct lessons and two hours of consultations per week (“Senior Thursday”), with the obligations to meet the necessary



credits and partial exams and to elaborate and defend the graduate thesis at concluding the studies. In June 1995, it concluded the coherent educational programme to 28 graduates by ceremonial award of certificates of extraordinary studies. In May 1996, it supported the establishment of the **Club of Graduates from the University of the Third Age** and it registered for participation in creation and implementation of continuous programme education of seniors.

1995/1996 – 1997/1998

The implementation of the course called Care for Human and Human Health confirmed that even nonprofessional education can be provided at “university” level.

1998/1999 – 2000/2001

The subsequent concept of education experienced substantial changes. The new study course, **Human in Health, Disease and Need**, was converted into a two-degree course, with the opportunity to choose the length and the type of the education programme. The choice of programme A variant constituted a choice of a coherent and thematically compact course; the choice of programme B and C variants constituted a choice of a demanding study degree and entry into the European education programme called SoLiLL: Self-organised Learning in Later Life.



2001/2002 – 2003/2004

The fourth educational cycle verified the model of multi-degree education and suggested the possibilities of extension of the “university” offer of programmes, courses and lecture cycles. The University of the Third Age presented the concept of the subsequent selective programme, **Quality of Life in Older Age**, unique by the fact that it integrated distance elements into the educational activities and that it prepares “mentors” and project managers for the new type of lessons from among active seniors.

2004/2005 – 2006/2007

Sixty theoretical lectures, seminars and exercises, two study workshops, implemented offer of optional courses to support computer and information literacy, the European event called „**Internet for Seniors**“, implemented in cooperation with the Life 90 Association, fulfilled the basic program of the “**Human in Health, Disease and Need**” course and the projects of the **CBC Phare and Interreg** (1, 2) partnerships and the optional programme called Quality of Life in Older Age extended the education.

2007/2008 – 2009/2010

The information and communication technology (ICT) brought new incentives into the education of seniors.

The multi-degree education model allowing the participants to co-create and modify the study programmes, to initiate new and subsequent programs and projects (**e-LiLL: e-Learning in Later Life, 2006–2008**) and even to act in them in the role of mentors has become a tool and guarantee of continuous development of senior education as a specific form of lifelong learning at the University of South Bohemia in České Budějovice.

2010/2011 – 2012/2013

In the academic years 2010/11 and 2011/12, two coherent six-semester programmes, **Human in Health, Disease and Need and Human in Nature and Society**, as well as the subsequent selective program, **Quality of Life in Older Age** and the European project called **EWA - European Women in Older Age** were implemented within the senior education (2010-2012).

The offer of subject programs and subsequent modules (1-6 semesters), hobby courses and university lectures common to students of full-time and combined study of history and English (and American) studies of the Faculty of Arts of USB and of the University of the Third Age opened the university to persons interested in further and lifelong education. It invited also seniors to the university lecture rooms, archives, computer rooms and libraries.

The extraordinarily successful cycle, **Šumava Well Known, Unknown and Forgotten**, invited the seniors to wander across the Šumava Mountains, and the cycle called **Financial Markets and us** invited them to the Czech National Bank to see JUDr. Helena Kolmanová and Ing. Vladimír Jandík.

The University of the Third Age enjoys great interest; in 2011, 1168 seniors were registered in 36 programs and courses of the University of the Third Age at the Faculty of Health and Social Studies of the University of South Bohemia in České Budějovice.



Faculty of Health and Social Studies, J. Boreckého 1167/27, České Budějovice





**University of South Bohemia
in České Budějovice
Faculty of Health
and Social Studies**



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