

*Atanasa Sgalevska is 65 years old woman. She has a son and a daughter. She is living together with them in the family house.*

“The most difficult moment in my life is when 11 years ago my husband died. Two years later, on the same date I have had brain stroke. My children took care for me. There were long days, weeks and months of rehabilitation.”

“When I felt better I decided that if I could I would help to the people in need I have to do it. From this moment I am a BRC volunteer, I am a part of different activities to support vulnerable groups, for lobbying and advocacy activities, related to the older people problems in our regions”.

“The greatest feeling for me is when I see happiness in the eyes of the people. And I will do everything to do this to end of my life, because this is way of life”.