Vera Daskalova

She is a part of Bulgarian Guinness Records Book- as the older volunteer in the country.
I was born in the village of Sitovo, region of Plovdiv on 23th of March 1920. From 1941 I'm living in the town of Plovdiv. I am married with one daughter."

 "One of the most difficult moments in my life was when I lost my husband, but this made me stronger and I have the power to meet the calamities of life"

"In the beginning of my working carrier I was a chef in the kitchen of the Medical University, later, after my second educational level in the town of Sofia, I received a certificate as a nutritionist. From 1978 I am a pensioner."

The pleasant moment in my life was when I became a volunteer of the local branch of BRC in Plovdiv in 1958. I am a part of all organizational activities and I grow up as a person. Now I am one of the "veteran volunteers" of the organization and I am a part of the social programs for little children and it makes me feel a live. The most of the people are talking that the people from the third age are vulnerable group – yes, in many cases this is true. But I think that the most important thing is that we, the older people could help to other vulnerable groups – children, who have no relatives."